## USE OF THE RESPIMAT \*®

\* Daily use



Drug :	
Indication (maintenance or rescue	or maintenance+rescue):
Number of inhalations:	Number of times per day:
Other information:	

		Mastered	Not mastered
1	Prepare the device by holding it vertically with the cap closed		
2	Turn the base half a turn in the direction of the arrows until it clicks		
3	Open the cap completely		
4	Breathe out normally next to the device, emptying the lungs without forcing		
5	Place the mouthpiece horizontally between the lips and teeth: <b>a.</b> Do not block the air intake		
6	Start breathing in through the mouth slowly and deeply and press the activation button once to release the dose of medication		
7	Continue to breathe in slowly and deeply until you have completed the breath		
8	Move the device away from the mouth		
9	Respect a pause: hold your breath for 5 to 10 seconds		
10	Breathe out through the nose		
11	Close the cap		
12	Repeat steps 1-11 for each prescribed inhalation		

## NOTE

For the first use, if possible, have the cartridge inserted into the device by the pharmacy

## REMARKS

To limit the adverse effects of the medication, rinse your mouth with water (do not swallow the water).

## **ACTIVATION / REACTIVATION :**

MAINTENANCE:

HOW TO KNOW IF IT IS EMPTY:

