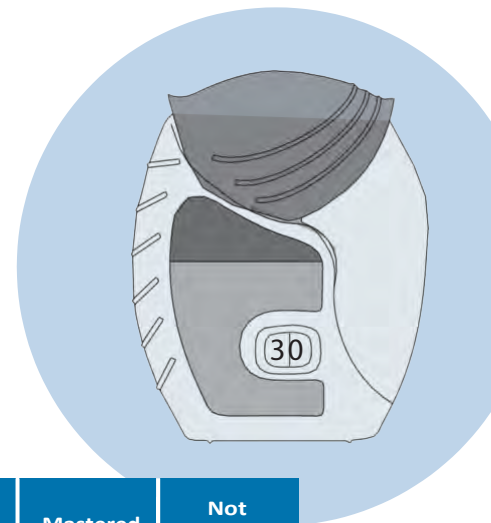


# USE OF THE ELLIPTA®



Drug : \_\_\_\_\_  
 Indication (maintenance or rescue or maintenance+rescue): \_\_\_\_\_  
 Number of inhalations: \_\_\_\_\_ Number of times per day: \_\_\_\_\_  
 Other information: \_\_\_\_\_



		Mastered	Not mastered
1	Prepare the dose by sliding the lid to the side until it clicks: a. The number on the counter must decrease by 1 for the dose to be ready		
2	Breathe out normally next to the device, emptying the lungs without forcing		
3	Place the mouthpiece between the lips and teeth (do not obstruct the air intake)		
4	Breathe in through the mouth long, deep and regularly		
5	Move the device away from the mouth		
6	Respect a pause: hold the breathing for 3 to 4 seconds or as long as possible		
7	Breathe out through the nose		
8	Close the device		

## REMARKS

To limit the adverse effects of the medication, rinse your mouth with water (do not swallow the water).

## MAINTENANCE:

## HOW TO KNOW IF IT IS EMPTY:



**RQESR**

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EN SANTÉ RESPIRATOIRE

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