USE OF THE BREEZHALER®



Drug :	
Indication (maintenance or re	scue or maintenance+rescue):
Number of inhalations:	Number of times per day:
Other information:	

		Mastered	Not mastered
1	Prepare the device by removing the protective cap		
2	Hold the base firmly and tip the mouthpiece to open the inhaler		
3	Remove one capsule from the blister pack immediately before use: a. lift the film and release a single capsule		
4	Insert the capsule in the compartment provided for this purpose		
5	Close the mouthpiece until it clicks		
6	Pierce the capsule by holding the inhaler upwards and pressing the 2 buttons simultaneously to the bottom, once (you should hear a click), then release the buttons		
7	Breathe out normally next to the device, emptying the lungs without forcing		
8	Place the mouthpiece between the lips and teeth: a. The device is horizontal and the buttons should be on the left and right		
9	Inhale by mouth quickly and as deeply as possible: a. You should hear a whirring sound. If not, replace the capsule by tapping the base of the device		
10	Move the device away from the mouth		
11	Take a break: hold your breath for 5 to 10 seconds		
12	Breathe out through the nose		
13	Open the mouthpiece, check that there is no powder left in the the capsule. If any remains, close the cap and repeat steps 8 to 13		
14	Throw the capsule away without touching it with your hands		

REMARKS

To limit the adverse effects of the medication, rinse your mouth with water (do not swallow the water)



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